

## Sport Physicians

List of current Sport Docs working with concussions available on the Sport Medicine & Science Council of Saskatchewan’s website under “our experts” for a directory of consultants.

- <https://www.smscs.ca/directory-of-consultants>
- Physician referral required - No cost associated

## Event-Related Potential (ERP) Testing

ERP brain scan performed in clinic, with your scan is interpreted by a trained physician. The results are then given to you to take to your family physician, neurologist, or other medical specialist to help direct your care plan. Currently using NeuroCatch technology.

- *Brain Vitals* [www.brainvitals.ca](http://www.brainvitals.ca)
- No referral required - Cost associated

## Vestibular Rehab

A subspecialty for dizziness and balance issues. Training varies widely. No referral required - Cost associated

Advanced post-grad certification:

- Amanda Lloyd-Haubrich, vestibular physiotherapist
  - [www.brownstonehealth.ca](http://www.brownstonehealth.ca) 306-779-1275
  - Cost associated, receipts for physical therapy provided.
- *North 49 Physiotherapy*, SASKATOON 306-343-7776

Other vestibular practitioners with experience:

- Dr. Shawn Bachorick, DC - *Gateway Alliance* 306-545-2225
  - 60 minute assessment
- William Chukwu, PT - *Lifemark* 306-584-5553
- Ryley Sather, PT - *Stapleford Health & Rehab* 306-543-0900

## Visual Rehabilitation

**Advance Vision Therapy 306-922-3023** [advancevisiontherapy.com](http://advancevisiontherapy.com)

- Dr. Myles Bokinac, Certified Behavioral Neuro-Optometrist
  - 60-90 minute assessment, vision therapy appointments to follow
- Nexus- Nexus Vision Centre 306-559-9909**
- Practical Vision Therapists
  - 60 minute assessment with optometrist (Dr. Patterson)

No referral required - Cost associated

## Meditation & Mindfulness

**Learn to Meditate**

Buddhist temple 7pm Thursdays **No prebooking required. - No cost**

**Meditation Instruction**

- *Brownstone Health* 306-779-1275
  - Initial sessions with guidance of how to meditate, option for neural biofeedback to track your progress at home. Weekly follow-ups can be booked as needed

**Yoga Nirdra**

- Rebecca Gruell - 306-779-1275 - Virtual & In-person
  - [www.brownstonehealth.ca](http://www.brownstonehealth.ca)
- Kim Lawrence- *Full Life Yoga & Wellness* 306-527-2044
  - [www.fulllifeyoga.com](http://www.fulllifeyoga.com)

Cost associated

## Audiology

**Eastside Audiology + Rehabilitation 306-359-3277**

- Dr. Debbie Davis, Doctor of Audiology
- Auditory processing diagnostics (assessment 1-2 hours)

No referral required - Cost associated

## Concussion Collaboration

*Brain Vitals, Brownstone Health, Innovate Healing Technologies, Advance Vision Therapy, Dr. Shawn Bachorick, Eastside Audiology, Dr. Shane Taylor & U of R Concussion Testing Centre* have all teamed up to provide wrap-around support with diagnostics, treatment modalities, and professional care for people after a concussion, or with post-concussion symptoms.

- More information: [www.brainvitals.ca](http://www.brainvitals.ca)
- Email [info@brainvitals.ca](mailto:info@brainvitals.ca) if you are interested in learning more as either a practitioner or patient

## Baseline Tests & Concussion Treatment

**Complete Concussion Management Inc**

- Internationally standardized baselines, post-concussion assessments and treatments. To be a practitioner that provides this care, there is substantial post-grad education and exam-based certification required. Practitioners must also complete ongoing recertification to maintain their accreditation.
- List of accredited providers through “find a clinic” from the top menu bar on <https://clinics.completeconcussions.com/>
- Each clinic sets their rates individually.

**Gateway Alliance**

- <https://gatewayalliancemedical.com/ConcussionPathway>

**KONKUSSION Philosophy**

- Options for baseline neuro-screen, acupuncture, chiropractic treatment and nutritional advice, 30 minute assessment
  - Shane Taylor, DC *Victoria East Chiropractic* 306-525-6977

**University of Regina Concussion Testing Centre**

- Dr. Patrick Neary, PhD Exercise Physiologist/Professor
  - Baseline concussion or post-concussion syndrome appointments (60 minute)
  - Data used for research
    - For appointments email [patrick.neary@uregina.ca](mailto:patrick.neary@uregina.ca)
    - **Medical Referrals Accepted - No Cost associated**

## Balance Training & Fall Prevention

Otago Balance training and fall prevention program

- *Brownstone Health* 306-779-1275 [www.brownstonehealth.ca](http://www.brownstonehealth.ca)
  - Weekly in clinic sessions with provided home program

No referral required

Cost associated - receipt for physical therapy

## Modalities for Symptom Management

**Innovate Healing Technologies** has research-based treatments for concussion symptoms. They are NOT a substitute for treatment by a licensed health professional. The goal is to help with symptom management while you are receiving proper care.

- All appointments can be booked online [www.innovatehealtech.ca](http://www.innovatehealtech.ca)
- Autonomic nervous system regulation with the Shiftwave Vibration Technology [www.shiftwave.com](http://www.shiftwave.com)
- Photobiomodulation with a redlight and PEMF combination

Cost associated

## Online Resources

**Brain Canada Foundation-** <https://braincanada.ca/>

**Brain Injury Canada-** <https://braininjurycanada.ca/en/>

**Parachute Canada-** <https://parachute.ca/en/>

\*We acknowledge this is a living document. We have made every effort to ensure all services and practitioners are included. If you have recently done advanced training, believe we have missed you (in error), or if you want to be removed from the list, please reach out to [info@brainvitals.ca](mailto:info@brainvitals.ca) so we can correct our mistake for our next printing.